

# Mariner Software

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Jim Henson - 2015-12-13 - MacGourmet Deluxe 4

Creating a meal plan is easy with MacGourmet Deluxe's Meal Plan feature. Simply click on the Meal Plan icon in the menu bar. The "Meal Plan-Weekly Planner" will be displayed. All you need to do is click on a recipe in your recipe collection and drag it to the day you have selected for it. That's it! Then, when you're done compiling your recipes, click the little grocery cart graphic located in the lower left of the Weekly Planner and your shopping list will be displayed. Best of all, the ingredients are compiled into total amounts needed. For example, if two recipes require sugar, then you will only see one listing for sugar and the amount needed displayed will be the total amount for both recipes.