Mariner Software

Knowledgebase > MacGourmet Deluxe 4 > I have recipes in Microsoft Word and in PDF files, is there any way to import them into MacGourmet Deluxe?

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Jim Henson - 2015-12-13 - MacGourmet Deluxe 4

Because PDF and Microsoft Word files don't have consistent formats that can be parsed and are extremely complex, they can't easily be turned into a recipe so there is no way to import them directly.

What you could try however is using the recipe import assistant to import your data. If you can select the text of the PDF files when you select the Text tool in Preview, you should be able to make a MacGourmet Deluxe text clipping of the selected text, which you can then import using the import assistant.